

Programme

Day 01: Thursday, 28th August 2025

10.00am Onwards **Arrival at Mount Abu**
Registration & Visit of the Gyan Sarovar Complex

11.00am-12.30pm **Pre Conference Workshop**
Theme: Challenging the Self – Key to Innovation

05.30pm-06.00pm **Video Show**

06.00pm-08.00pm **Reception**

Day 02: Friday, 29th August 2025

06.30am-08.00am **Meditation Session 01**

09.30am-10.00am **Pre-Inaugural Talk**

10.00am-01.00pm **Inaugural Session**
Theme: Spirituality for Human Existence – Innovating Newer Avenues

04.00pm-05.30pm **Session 01**
Theme: Deep Transformation through the Science of Rajyoga

05.30pm-06.30pm **History of the Institution**

07.00pm-07.30pm **Creating Spaces of Silence**
(Meditation Experience)

08.30pm-10.00pm **Paper Presentation**

Day 03: Saturday, 30th August 2025

06.30am-08.00am **Meditation Session 02**

09.30am-11.00am **Session 02**
Theme: Nurturing Nature for a Sustainable Tomorrow

11.30am-01.00pm **Session 03**
Theme: 3Cs of Rajyoga Practices: Connection, Comprehension & Continuity

04.30pm-06.00pm **Session: 04**
Theme: Ethics in the Age of Artificial Intelligence

06.30pm-07.00pm **Creating Spaces of Silence**
(Meditation Experience)

07.00pm-08.30pm **Panel Discussion**
Theme: Consciousness, Ethics and Culture: Connections and Conflicts

Day 04: Sunday, 31st August 2025

06.30am-08.00am **Meditation Session 03**

09.30am-12.30pm **Valedictory Session**
Theme: Invoking Dawn of a New Era by Exploring its Seeds in the Present Times

12.30pm Onwards **Sight-Seeing of Mount Abu**

08.30pm-10.00pm **Experience Sharing & Cultural Event**

Day 05: Monday, 01st September 2025

06.30am-08.00am **Meditation Session 04**

Note:

1. Program Schedule is tentative, subject to change.
2. Mode of communication in the conference will be in English and partly in Hindi

Conference Co-ordination Office:

Spiritual Applications Research Centre (SpARC) Wing,
Brahma Kumaris, Academy for Better World, Post Box. 66,
GyanSarovar, Mount Abu – 307501, Rajasthan, India.

Cell #: +91-9772844861, +91-7976610376

Ph: +91-2974-238788, **Extn #.** 7607, **Fax:** +91-2974-238951

eMail: sparcwing@bkivv.org, bksparc@gmail.com

Office of the Chairperson:

‘Vardani Bhawan’, 2/1, Reservoir Street, Basavangudi,
South Cross Road, Bangalore – 560004, Karnataka.

Ph: +91-80-26674562, **Fax:** +91-80-26674562

eMail: chairperson.sparcwing@bkivv.org



NATIONAL SIR CONFERENCE & MEDITATION RETREAT “SPIRITUALITY FOR HUMAN EXISTENCE - INNOVATING NEWER AVENUES”



28th August – 01st September 2025

Venue: Brahma Kumaris, Gyan Sarovar
Mount Abu – 307501, Rajasthan, India

Organisers:

Spiritual Applications Research Centre (SpARC) Wing of
Rajyoga Education & Research Foundation (RE&RF)
& Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya
www.brahmakumaris.com, www.bkwsu.org, www.bksparc.in



Hearty Invitation to Researchers

CONFERENCE & MEDITATION RETREAT "SPIRITUALITY FOR HUMAN EXISTENCE - INNOVATING NEWER AVENUES"



ABOUT THE CONFERENCE

In this age of fast pace technological and scientific inventions and their practical application in everyday life, the time-gap between inventions and their transition into products which used to be centuries and decades [e.g. Einstein's equation (1905) turning into atomic power (1938-1940s)] has

come down to less than 6 months and this gap is shortening with every passing day.

This has effected changes in all spheres of human activity which is mindboggling and scary at times. The question staring at us today is - are we well equipped to withstand such a tsunami-like onslaught of change? Many of us have ended up doing things for the sake of doing - doggedly, mindlessly, purposelessly & without understanding their implications which has resulted in our disconnection from our surrounding environment, the society, our roots and most significantly our self.

Now the time is ripe to innovate and explore sustainable avenues and the long forgotten untapped immense inherent potential by channelising our approach from just materialistic innovation to also exploring the inner world, to reach out to our 'being' dimension.

Spirituality is a unique tool to bolster our spirits, it offers a sustainable direction, rebuilds the bridge between our inner self and the outside world.

This conference aims to give a sneak peek into our inner world and understand our strength in remaining firm in times of upheaval. We extend our invitation to you to come, collaborate, be an agent of change to benefit self, humanity and environment.



Prajapita Brahma
Corporeal Medium of
God Shiva



Jagdamba Saraswati
Goddess of Knowledge



Rajyogini
BK Mohini Didi Ji
Administrative Head

19th SIR CONFERENCE - 2025

Since 2007, SpARC has been conducting SIR Conferences annually bringing together Scientists, Researchers from premier establishments, Professors from accredited Universities, Heads of reputed Government and Private organizations, Research Scholars from various disciplines from all over India - to explore & evolve strategies for partnership between Spirituality and Research. The results have been quite encouraging. The conference also aims at providing a platform for the distinguished inter-disciplinary researchers, scientists, professors, corporate management gurus, research scholars and practitioners to present their perspectives about various connotations and applications of research and spirituality in generating happiness and harmony at the individual and societal level. This time emphasis will be to ensure that the end results of research are beneficial to all sections of society including environment.

MEDITATION

Meditation is an inward journey, a journey of self-discovery. It is the valuable use of time for reflections and inner silence, away from the hustle and bustle of daily routine that enables us to come back to a centered place of 'Being'. It not only helps us enhance our focus, concentration and de-clutter our minds but also empowers us to harness, manage and lead our inner resources for accomplishing our life purpose and objectives.

HOSTS

Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya (PBKIVV) is a recognized International socio-spiritual and educational organization working for all sections of society to promote spiritual growth and individual transformation. Headquartered at Mt Abu (Rajasthan), it has more than 5000 study centres in India and over 140 countries in all the continents. It is affiliated to the United Nation's Dept. of Public Information as an NGO having General Consultative Status with the Economic & Social Council (ECOSOC) and UNICEF. Lakhs of its regular students are availing benefits of meditation and discourses daily and leading a transformed life.

The Conference is organized by Spiritual Applications Research Centre (SpARC Wing) of Rajyoga Education & Research Foundation (RE&RF) along with parent organization - PBKIVV. SpARC Wing was established in 1995 as a research wing to carry out holistic research to develop effective tools and techniques to facilitate application of spirituality in everyday life.

VENUE

Academy for a Better World, Gyan Sarovar, Mount Abu is the serene venue of the Conference and Meditation Retreat. The Academy is a blend of state-of-the-art modern facilities and spiritual environment. Spread over 35 acres, it is surrounded by mountains and beautifully landscaped by lakes, lawns, greenery and flowers. The serenity of the place provides an ideal setting for unwinding and exploring the gifts of spiritual awareness and meditation. The campus offers excellent lodging and dining facility as well as communication, transport and healthcare services.

GUIDELINES FOR REGISTRATION

While there is no registration fee, prior registration is mandatory in order to ensure smooth functioning of the Conference. The online Registration Form, indicating all details is anticipated at the Coordinating office on or before **31st July 2025**. On receipt of correctly filled-in Online Form, a confirmation letter will be sent, which must be produced at the time of accommodation. It is a must for participation. **For Online Registration visit: bksparc.in**

Guidelines for Paper Presentation:

The papers related to the theme of the conference will alone be selected for presentation during the conference. Interested authors are requested to submit the abstract of their paper. The submitted abstracts will be scrutinized by a committee and confirmation will be conveyed to the selected papers. Authors can prepare full paper to submit the same for improvements. Multiple rounds of iterations may be required to bring papers in a better shape.

Note:

1. Due to the shortage of time, only a few selected papers will be allowed for live presentation.
2. Other papers will be allowed to be presented in the form of posters near the conference venue.

Important Timelines -

- | | |
|--------------------------|-------------------------------|
| Submission of Abstracts | : 01 st July, 2025 |
| Submission of Full Paper | : 31 st July, 2025 |